

SIZING GUIDE

Prepared by the Community Sports Foundation

Mens shirt

	Chest (cm)	Waist (cm)
XS	104	71
S	108	72
M	112	75
L	116	76
XL	120	81
2XL	124	82
3XL	128	84

Ladies shirt

	Chest (cm)	Length (cm)
S	84	59
M	88	61
L	92	63
XL	96	65
2XL	100	68
3XL	104	70
4XL	108	72

Mens vest

	Chest (cm)	Waist (cm)
XS	90	61
S	97	62
M	104	64
L	108	65
XL	112	66
2XL	116	67
3XL	120	68

Ladies vest

	Chest (cm)	Length (cm)
S	84	55
M	86	56
L	100	61
XL	102	62
2XL	104	63
3XL	106	64
4XL	108	65